

PEACEBUILDING O ACTIVISM O RIGHTS O THEATRE

LANZO D'INTELVI (CO), ITALY 14/10/2024 - 20/10/2024







ABOUTTHE PROJECT

FULL-INVASION OF UKRAINE, WAR AFTER IS BACK IN THE OUR LIVES. THE AIM OF OUR YOUTH EXCHANGE IS TO GIVE THE OPPORTUNITY FOR YOUTH FROM DIFFERENT COUNTIES TO LEARN EXPERIENCE DIFFERENT METHODS OF TO NON-FORMAL EDUCATION IN ORDER TO EMPOWER THEM TO BE AWARE AND SPREAD HUMAN RIGHTS AND THE IMPORTANCE OF PEACE IN CIVIL DEVELOPING VARIOUS SOCIETY AND ENCOURAGE SKILLS APTITUDES NEEDED IN THEIR PERSONAL AND PROFESSIONAL DEVELOPMENT.

WE THINK IT'S IMPORTANT TO CREATE AN OPPORTUNITY FOR YOUNG PEOPLE TO REFLECT ABOUT THE STRATEGIC IMPORTANCE OF PEACE, HUMAN RIGHTS AND DEMOCRACY IN A VERY DIFFICULT EUROPEAN GEOPOLITICAL MOMENT, USING THE WORLD OF NON-FORMAL EDUCATION FOR THEMSELVES AND TAKING A STEP FORWARD TO DEVELOP THEIR OWN COMPETENCIES AND BECOME A MEANINGFUL PART OF CIVIL SOCIETY.





MAII A A I A A CTIVES



BASIC WORKSHOP ON HUMAN RIGHTS

THIS WORKSHOP, BASED ON THE PRACTICES OF THE COUNCIL OF EUROPE AND LEADING HUMAN RIGHTS ORGANIZATIONS, AIMS TO DELVE INTO THE HUMANISTIC IDEAS AND INTERNATIONAL HUMAN RIGHTS SYSTEM IN EUROPE. EMPHASIZING THE SIGNIFICANCE OF DEMOCRACY AND CIVIC ENGAGEMENT, IT SEEKS TO EMPOWER PARTICIPANTS WITH A COMPREHENSIVE UNDERSTANDING OF THESE PRINCIPLES.



THE GAME-BASED WORKSHOP «LET'S BUILD PEACEFUL DIALOG IN EUROPEAN COMMUNITY»

IT IS BASED ON THE METHODOLOGY, WHICH WAS DEVELOPED AND TESTED BY "ACTIVE GROUP" RESEARCH COMPANY IN UKRAINE AND IT HAS SEVERAL STAGES, FROM FORMING THE LIST OF ROLES TO PLAYING ROLES, TO REFLECT ABOUT THE ENTIRE EXPERIENCE.



THE PLAYBACK THEATRE WORKSHOP «VOICE OF UNITY: DISCLOSURE OF HUMAN RIGHTS THROUGH PLAYBACK THEATER»

IT IS BASED ON THE METHODOLOGY PLAYBACK THEATRE, WHICH WAS DEVELOPED BY AMERICAN RESEARCHERS JONATHAN FOX AND JOE SALAS.

THIS ONE-WEEK WORKSHOP IS DESIGNED FOR YOUNG ACTIVISTS TO DEVELOP SKILLS OF EMPATHY, COMMUNICATION AND UNDERSTANDING OF HUMAN RIGHTS THROUGH AN INNOVATIVE METHOD - PLAYBACK THEATER. EACH SESSION WILL FOCUS ON DIFFERENT ASPECTS OF PERSONAL DEVELOPMENT AND ACTIVISM, USING HUMAN RIGHTS AND PEACEBUILDING AS KEY ELEMENTS.







OBJECTIVES

- TO ENHANCE THE KNOWLEDGE AND THE IMPORTANCE OF PEACE, HUMAN RIGHTS AND DEMOCRACY IN YOUNGSTERS
 - TO RAISE YOUNGSTERS' EUROPEAN AWARENESS, PROMOTE EUROPEAN VALUES AND GET YOUNGSTERS MORE SENSITIVE TOWARDS THE GEOPOLITICAL SITUATION
- TO PROMOTE SOLIDARITY, EMPATHY AND TOLERANCE AND TO FOSTER INTERCULTURAL UNDERSTANDING BETWEEN PEOPLE OF DIFFERENT ORIGINS
 - TO HELP YOUNG PEOPLE FROM DIFFERENT BACKGROUND TO DEVELOP SOFT SKILLS AND OTHER SKILLS THAT ARE BASIC AND NECESSARY FOR COMMUNICATION AND UNDERSTANDING EACH OTHER
- TO EQUIP YOUNGSTERS WITH KNOWLEDGE AND TOOLS ABOUT CREATIVE THINKING, PUBLIC SPEAKING AND TEAMWORK THROUGH NON-FORMAL METHODS OF EDUCATION
 - TO EMPOWER YOUNG PEOPLE TO ACTIVELY PARTICIPATE IN YOUTH PROJECTS, TO VOLUNTEER AND TO PURSUE DEVELOPMENT OF A SELF
- TO CREATE SPACE FOR SHARING KNOWLEDGE AND EXCHANGING IDEAS WITH THE ATMOSPHERE OF COMMON UNDERSTANDING BETWEEN PEERS REPRESENTING DIFFERENT CULTURES AND BACKGROUNDS





PARTICIPANTS PROFILE

5 PARTICIPANTS + 1 GROUP LEADER PER COUNTRY

- AGE PARTICIPANTS: 18 30 YEARS OLD
- AGE LEADER: 18+

WE ARE SEARCHING FOR PARTICIPANTS THEY HAVE A KEEN INTEREST IN PEACEBUILDING AND HUMAN RIGHTS, THEY ARE MOTIVATED TO ENHANCE THEIR KNOWLEDGE AND SKILLS AND THEY ARE CREATIVE, OPEN-MINDED, WHO ARE WILLING TO ACTIVELY PARTICIPATE IN THE WHOLE DURATION OF THE YOUTH EXCHANGE AND WANT TO MEET DIFFERENT CULTURES.

WE WANT TO ENSURE THE GENDER BALANCE IN EACH GROUP.

SO, PLEASE KEEP IT IN MIND.







PROJECT LOCATION

WE WILL STAY IN LANZO D'INTELVI (CO), A LOVELY PLACE IN THE ALPS (ABOUT 1000M OVER SEA LEVEL) OVER COMO LAKE. THE VENUE WILL BE "CENTRO VACANZE LE CONIFERE", VIA PRADALE 3.

IT IS A LOCATION THAT IS ENTRUSTED WITH SELF-MANAGEMENT; THIS MEANS THE WE WILL TAKE CARE OF IT, ENHANCING OUR SENSE OF RESPONSABILITY. IT CONSISTS OF A HOTEL AND LARGE OUTDOOR SPACES WHERE WE CAN ORGANIZE ALSO NATURALISTIC, RECREATIONAL AND SPORTS ACTIVITIES: CONIFEROUS PARK OF 10,000 SQUARE METERS. VOLLEYBALL COURT, SOCCER FIELD, TABLE TENNIS, RELAXATION AREA WITH TABLES AND CHAIRS.

WE WILL BE ACCOMODATED IN SHARED ROOMS UP TO 4 PEOPLE, SEPARATING THE GENDER. ROOMS HAVE A SINK WITH HOT AND COLD WATER AND A MIRROR. TOILETS AND SHOWERS ARE LOCATED AT THE END OF THE CORRIDOR OF EACH FLOOR (2 TOILETS AND 2 SHOWERS ON EACH FLOOR).







WEBSITE
HTTPS://CENTROLECONIFERE.COM/





HOW TO REACH THE LOCATION



FROM MILANO MALPENSA AIRPORT

- TRAIN TO SARONNO: ABOUT 30M
- TRAIN TO COMO LAGO: ABOUT 45M
- BUS FROM COMO TO LANZO: 45M OR BOAT FROM COMO TO ARGEGNO AND THEN BUS TO LANZO: 45M



FROM <u>BERGAMO</u> <u>AIRPORT</u>

- SHUTTLE BUS TO MILANO CENTRALE: ABOUT 1H
- TRAIN TO SARONNO: ABOUT 30M
- TRAIN TO COMO LAGO: ABOUT 45M
- BUS FROM COMO TO LANZO: 45M OR BOAT FROM COMO TO ARGEGNO AND THEN BUS TO LANZO: 45M

WE ARE CONSIDERING THE POSSIBILITY OF ORGANIZING A SINGLE TRANSPORT FROM COMO TO LANZO, BUT WE WILL GIVE MORE NEWS ABOUT IT AFTER WE HAVE RECEIVED ALL THE TRAVEL DETAILS OF THE PARTICIPANTS.







TRAVEL COSTS AND REIMBURSEMENTS

COUNTRY	TRAVEL COST LIMITS PER PERSON			
ITALY	56 €			
PORTUGAL	309 €			
ROMANIA	309 €			
SPAIN	309 €			
UKRAINE	417 €			

REIMBURSEMENT WILL INCLUDE ALSO THE TRAVEL FROM THE AIRPORT TO THE VENUE. ONCE THE GROUP IS SELECTED THE LEADER SHOULD CONTACT THE ORGANISERS FOR COFINRMATION TO BUY TICKETS.



PLEASE, DO NOT BUY YOUR TICKETS WITHOUT HAVING CONFIRMATION FROM THE ORGANISERS! KNOW THAT TICKETS THAT ARE NOT CONFIRMED MAY NOT BE REIMBURSED!KEEP ALL THE ORIGINAL TICKETS TO PROOF YOU EXPENSES!







PRACTICALITIES



MANDATORY INSURANCE

IT IS MANDATORY TO HAVE A MEDICAL INSURANCE (I.E. EUROPEAN HEALTH INSURANCE CARD) DURING YOUR TRAVEL AND A SEPARATE TRAVEL INSURANCE (MUST COVER DAMAGE OR LOSS OF LUGGAGE, ACCIDENTS AND SERIOUS ILLNESS, DEATH). IT IS RESPONSABILITY OF EACH PARTICIPANT TO PROVIDE PROOF OF MEDICAL AND TRAVEL INSURANCE.



WHAT TO BRING

LANZO IS A SMALL VILLAGE WITH ABOUT 1500 INHABITANTS. THERE AREN'T BIG SHOPS, BUT THERE ARE ALL YOU NEED: POST OFFICE, DRUG STORE, SMALL SHOPS... IT'S BETTER BRING WITH YOU ALL YOU NEED.

TEMPERATURE IS ABOUT AROUND 15 DEGREES DURING THE DAY AND IT SHOULDN'T RAIN, BUT WHEATER IS CHANGEABLE.

TAKE FLIPS-FLOPS FOR THE INTERNAL ACTIVITIES AND BRING YOUR PERSONAL TOWELS.





PROVISIONAL AGENDA

Time	14 Oct.	15 Oct.	16 Oct.	17 Oct.	18 Oct.	19 Oct.	20 Oct
09:00 11:00		Ice- breakers activities	HR Activities	Game Based Act.	Game Based Act.	PB Activities	Departure
11:00 11:30		Coffee- break	Coffee- break	Coffee- break	Coffee- break	Coffee- break	after Breakfast
11:30 13:00		Activities	HR Activities	Theatre Activities	Game Based Act.	Theatre Activities	
13:00 15:00		Lunch and Pause	Lunch and Pause	13:00 - 19:30	Lunch and Pause	Lunch and Pause	
15:00 17:00		Activities	HR Activities	Study Visit	Game Based Act.	Theatre Activities	
17:00 17:30		Coffee- break	Coffee- break		Coffee- break	Coffee- break	
17:30 19:30		Activities	Theatre Activities		Game Based Act.	Final Evaluation	
19:30 21:00	Welcome dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
After 21:00	Free Night	Intercultur al night	Social night	Free Night	Social night	Farewell Night	

THIS IS JUST A SAMPLE: IT COULD CHANGE DUE TO ORGANISATIONAL REASONS.







PARTNERSHIE

ENSAUD

ENASAUDAssociation

www.enasaud.eu

POP HUB



www.pophub.pt

POWER OF THE FUTURE



https://power-of-thefuture.com/en

ILEWASI



Centro de investigación, defensa y promoción de los derechos de los niños, niñas y adolescentes

http://www.ilewasi.org





CONTACTS

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AN EMAIL WILL BE SENDED TO PARTNERS'
ORGANISATION WITH THE REGISTRATION FORM!



